

Lange afstand / 8 rondes

| | Teamlid 1 | Teamlid 2 | Start Sec. | Finish | Time |
|----------|------------------|------------------|-------------------|---------------|-------------|
| 1 | Geert | Pascal | 0:03:00 | 1:33:09 | 1:30:09 |
| 2 | Franck | Dennis | 0:04:00 | 1:35:58 | 1:31:58 |
| 3 | Kees | Jesse | 0:03:30 | 1:40:16 | 1:36:46 |
| 4 | Syb | Andy | 0:02:30 | 1:40:19 | 1:37:49 |
| 5 | Peter | Kirstin | 0:00:30 | 1:42:07 | 1:41:37 |
| 6 | Rob | Henrie | 0:00:00 | 1:45:52 | 1:45:52 |
| 7 | Angelique | Dolf | 0:02:00 | 1:49:57 | 1:47:57 |
| 8 | Michelle | Krista | 0:01:00 | 1:56:39 | 1:55:39 |
| 9 | Sarah | Bianca | 0:01:30 | 2:14:47 | 2:13:17 |

Korte afstand / 4 rondes

| | Teamlid 1 | Teamlid 2 | Start Sec. | Finish | Time |
|----------|------------------|------------------|-------------------|---------------|-------------|
| 1 | Jacey-Lynn | Hugo | 0:06:30 | 0:52:37 | 0:46:07 |
| 2 | Marieke | Martin | 0:05:30 | 0:59:25 | 0:53:55 |
| 3 | Lisa | Jessica | 0:05:00 | 1:01:20 | 0:56:20 |
| 4 | Astrid | Walter / Arie | 0:06:00 | 1:02:42 | 0:56:42 |
| 5 | Wesley | Kasper | 0:04:30 | 1:08:22 | 1:03:52 |